

Bone Density Test (DEXA)

A Proactive Approach to Bone Health . . . *Find out if you're at risk for Osteoporosis*

Our Bone Density Test Can:

- *Detect osteoporosis before a fracture occurs*
- *Confirm a diagnosis of osteoporosis*
- *Predict your chances of developing a fracture in the future*
- *Determine your rate of bone loss, and/or monitor the effects of treatment when the test is conducted every six months.*
- *Many women and men are unaware that they have low bone density or osteoporosis until they suffer a fracture.*

Human bone is a dynamic structure that is constantly undergoing a breaking down and building up process. Up until the time of your mid-thirties, the pace of bone formation outpaces the breakdown of bone. From this time on, you begin to “lose” bone, as there is now more bone being broken down than is being replaced. Men and women alike will lose bone in later life. Women experience a sharp increase in bone loss at the time of menopause due to the lack of estrogen.

What is Osteoporosis? Low bone mineral density (BMD) has been associated with osteoporosis risk. Osteoporosis is a loss of bone density that can lead to disabling hip and spine fractures. An estimated 1.3 million fractures each year are caused by osteoporosis and about half of the patients who suffer a hip fracture never fully recover.

Osteoporosis is a progressive disease, so it is important to catch it early.

Our Bone Density (DEXA) test is a safe, fast and easy way to assess your bone density through the bones of your finger. This proven technology is the most popular and thoroughly studied method of assessing bone density. The density of the bones of your finger have been statistically correlated to represent the density of other bones in your body where troublesome and sometimes debilitating fractures might occur.

In just 30 seconds, you are exposed to less than 1% of the radiation of a single conventional dental x-ray. Our DEXA test provides an immediate assessment of your bone density for review.

Call our HealthQuest Radio Hotline at 800-794-1855 to schedule your appointment today!